



Oblate Community of Saint Martin's Abbey

Oblates of Saint Benedict

May 2025

Volume 2 Issue 74

A LETTER FROM THE OBLATE DIRECTOR — BROTHER EDMUND EBBERS, O.S.B.

Dear brothers and sisters in Christ,

At the beginning of Lent, the Abbot requests of monks to sign up for half hour slots by his door to let him know what and how we are doing. The questions proposed to us each year vary. We are to let him know what we are reading for this sacred time, to bring us closer to Christ through the practice of our vows. The book I have been reading is by Gerhard Lofkin and he writes on the meaning of parables. Parables can have several meanings. Who said it, where did it originate from and how, and who may have altered it from the original?

Jesus may have embellished on some parables to make an impact. One example may be the speck and log in the eye. We know a speck in the eye can hurt, but a log? Some translations use a plank. Both are much too big, but here is the shocker — log or plank catches the ear and adds some humor for the listener, so it is remembered. The meaning most of us know is, before you criticize another, you look at yourself first, if the fault is within yourself.

I invite you also to do some reading in this area as it would help your understanding of the Scriptures. I cannot speak so eloquently as Gerhard L. But such information will heighten your understanding of the Scriptures.

Some of you have returned your Oblation Renewals, but where are the rest? Are you engaged with the Church and your Oblate Promises in pursuit of holiness? This Lent should be a time for us to **give back** to our Lord through study and prayer, and love Him more than with lip service. Remember, faith without work is empty.

Soon we will conclude Lent and leap into the Easter Season. If we have done all that we could during the Lenten Season, we will be more motivated to celebrate Easter with joy. A joy that we, too, feel lighter with more bounce in our steps because we have renounced Satan and his works and are more unified with Christ. We have seen all that our Lord has endured in love for our salvation.

In St. Benedict I am, Br. Edmund E., OSB
Saint Martin's Abbey Oblate director

OBLATE COMMUNITY SUNDAY - MAY 4TH

Join us at 3:00 pm for a talk on Saint Martin of Tours given by Patrick Cooper, the University's theology professor. Perhaps you'll learn something you have not known. He surprises me with his study on the Holy Rule.

Evening Prayer along with investitures and oblations will take place followed by a social with the monks.

If we have missed someone who is ready for either investiture or oblation please contact Brother Edmund . Contact information 360-438-4457 or at Br_edmund@stmartin.edu

PRAYER REQUESTS

Oblate Michael Wilson RIP

Father Steve Gallagher for his healing needs.

Oblate Patricia McClure healing from lymphoma.

Brother Aelred Woodward OSB for his health needs.

Oblate Leilani Roberts father's health needs.

Friend Hope Glacken healing and comfort due to age.

Sr. Marie Ciaran, OCD for her health needs.

Vocation for the Abbey.

Sanctity of life.

For the homebound.

Did you see the form in the last newsletter? If so please send it in. For your convenience, it is included as page 14 of this edition as well.

There are many oblates that have not renewed their Oblations. Have you fallen away from the Benedictine life? If so maybe we can help bring you back to the fold, feed your parched soul with spiritual nutrients? Don't let yourself wither because you have fallen on rocky soil. Soon you may be receiving a phone call, a letter or an email from one of the Council members to see if we can help you be and feel more included in our Oblate Community.

We are constantly updating our records so if you have a new email address or place of residence please remember to send us a change of address. It helps us keep our costs down.

Oblate Council's Corner

Current council members are open and ready to listen to your concerns and suggestions. They can be reached via email or on Sunday Oblate Community meetings. The current members are:

The current members are:

Bede Colvin, bede.orthodox@gmail.com

Bene Reece, anforait@yahoo.com

Ellen Borland, ejboblsb@yahoo.com

Joshua Roberts, oblate.joshuaroberts@gmail.com

JT Batstone, batstonejt@gmail.com

Patricia McClure, Ravenwings@comcast.net

Ron Fialkowski, ronaldbenny24@gmail.com

March Meeting

We met with Oblates from the Monastery Immaculate Conception in Ferdinand, Indiana to talk about their Oblate program and their roles with their Oblate community.

April Meeting

We discussed the best way(s) to reach out to those in our oblate community that we have not heard from in a while. The first order of business is to consolidate the contact information we have.

Second, the questions we worked on (that still need some work) are:

What does being an oblate of SMA mean to you?

How can we help support you in being more actively involved with SMA oblate community?

What can be added to what we are already doing to help with your continuing formation? (lists all the current activities/opportunities)

How can you help us strengthen SMA oblate community?

FROM THE HILL - BONIFACE V. LAZZARI, O.S.B.

One of the many modern classics I've yet to read is Marcel Proust's "Remembrance of Things Past," though I can remember it coming up as long ago as when I was an eighteen-year-old Saint Martin's College student. It was just before the Christmas break, and I was having a meeting with **FATHER GEORGE SEIDEL**, my philosophy professor. I've always liked the book's title, and have enjoyed, over the course of my life, remembering "things past." Among the things I remember are the people, once an integral part of my life, who are no longer here, as well as the way we live the monastic life and how some things have changed greatly over the years while others have remained very much the same. One of my late confreres frequently referred to the "in house services" which are part of the monk's life: tasks that must be accomplished to keep the place running.

After I took my first vows, I was given a week off and traveled by Grayhound to Sacramento to spend a few days with family and friends. As soon as I returned, newly professed, I was given an "in house service" to perform taking meal trays to **FATHER EDWARD WECKERT**, great-uncle of our confrere **FATHER PAUL WECKERT**, and former Saint Martin's winning football coach. We serve one another, and that has not changed, as we still make sure that our shut-in confreres are fed.

Most of us have some "in house services" with which we contribute to the smooth-running of our community. **FATHER PAUL**'s include vocation work, being a special assistant to **ABBOT MARION NGUYEN**, and in house Guest Master. **BROTHER BEDE NICOL** has long been the Abbey sacristan and Guest Master for non-clerical and non-religious guests. **BROTHER MARK BONNEVILLE**'s service to the community includes being Director of Facilities and, at present, dealing with those who are updating the monastery elevator. Some of the services are large, and some small, but appreciated by all. One of these is that performed by our Subprior and retired postmaster **BROTHER RAMON NEWELL**, the making sure that the daily newspapers are placed on the reading table in the Community Room each morning.

To **ABBOT MARION** and **PRIOR NICOLAUS WILSON** fall many administrative services. **BROTHER EDMUND EBBERS** services to the community include that of refectorian, a "go between" between the monks and the staff which prepares all of our meals. **FATHER GEORGE** entered into the world of music as a small child. As one of our senior monks, he continues his musical contributions to the Abbey, being our principal organist. **BROTHERS DAMIEN-JOSEPH RAPPUHN**, **PACHOMIUS HAMOR** and **NICOLAUS** are among the monks who have prepared special occasion meals for their confreres at Lambert Lodge, and **BROTHER EPHREM BENNETT** has been known to organize boardgame nights. "In house services" are alive and well at the Abbey!

In March, **ABBOT MARION** hosted a meeting of the members of our Abbot President's Council of which he is a member. Saint Martin's is part of the American Cassinese Congregation.

FATHER PETER TYNAN recently completed the dissertation he will present as part of the requirements for his doctorate. Congratulations! Abbey Church Events concluded its season with a violin/piano concert. During the 2024-2025 season there was a baryton concert, perhaps the first time that instrument favored by Hyden was played on campus.

BROTHER DAMIEN-JOSEPH, at present a student in the theological program at Mt. Angel, Oregon, is scheduled to be ordained to the diaconate on 3rd May in the Abbey Church.

ABBOT MARION and **BROTHER LUKE DEVINE** will attend the General Chapter of our Congregation in June.

Warm wishes for a blessedly joyous Eastertide!

You are invited to attend. Please RSVP to Brother Edmund if you plan to attend so that there is enough food for all.

Ordination to the Diaconate

Saturday, May 3, 2025

Ordination Mass *at* 11:00am

with Archbishop Paul D. Etienne



Br. Damien-Joseph Rappuhn OSB

SAINT
MARTIN'S
ABBNEY

Why Lent Leads to Love by Father Peter Tynan O.S.B.

Lent can seem like a routine once you reach a certain age. You get your ashes at the start; you decide what you're going to give up or take up, and you plan a meatless meal for each Friday. If you want to be more Benedictine you will pick up a spiritual book to read over the 40 days. It is easy these days with many parishes freely providing books by such spiritual writers as Matthew Kelly and Bishop Robert Barron.

New routine has a way of growing stale. Monastic tradition, which is full of routine, understands this. We even have a term for this stale feeling, *acedia*. While *acedia* is cured by prayer and patience, it is prevented when we have a "why" behind all our routines. For when a person has a "why" they will overcome nearly every obstacle. What was once stale becomes a necessity.

To find our "why" we should begin with a "why" question. "Why do I exist? Why does any at all exist?" The universe is not a given like many people today suppose it to be. There is no necessary reason for it to be. Like the air we breathe, it is simply there and not thought about. Yet the universe, including you and me, exists because God chose for it to exist. God, remember, is perfect. Being perfect, God has no need for anything. God does not need you, and yet you are here. Not only are you here, but there is a universe here to help you to exist. This one fact reveals to us that God is Love. Love is giving and creating, with no expectation of receiving in return.

When one is truly loved, that should not go unrequited. No, we are to love in return. In loving, we become more and more like God. This is the process the early Christians call *theosis*. By imitating God, we grow to resemble God. We become clearer images of God to the rest of the world.

The problem, as many of us know, is that we get distracted or disturbed by our busy lives. The ancient monks knew all about hindrances to being able to love. They knew that for us to love we must have inner peace, which they called *apatheia* (freedom from passions). They suggest to us four steps that can help attain inner peace.

The first step sounds simple and can appear to be common sense; stop doing what is wrong and evil. Stop lying, stop playing power games against others, and stop taking what is not yours to have. Sounds simple, but it is not. Nonetheless, it is where we must begin.

Second, we turn to our minds. While the first step is to stop physically doing what is wrong, if we are to attain inner peace, we need to stop considering and fantasizing about sin. For example, how often do we imagine having an argument with someone we are angry with? Now reflect on how upset and disturbed you become. Is that any state of mind where love can occur?

Why Lent Leads to Love by Father Peter Tynan O.S.B.

The third step is to turn our heart's desires toward God. How often do we desire something for ourselves: freedom from pain, wealth, fame, or power? When we desire these, we place ourselves in competition with others. This is competition that we will in the end lose and, on the way, worry about. Inner peace comes when we have the purity of the heart to only desire God.

The final stage for inner peace and love comes after we have mastered our outer and inner lives. The fourth step is to live in union with God via the heart that is purified. What were once major temptations are now easily spotted and dismissed because closeness to the God of love is so much better. Love is easy because nothing else really matters.

Lent is a time for us to work towards love. We can begin by naming which stage of inner peace we are in by seeing how we can prepare to move to the next. The benefit is that every step we take, even in the first stage, brings us more peace and more love. With hearts made purer, we can come to better celebrate God's supreme act of love in the Paschal Mystery at Easter.



Art by Brother Luke Devine OSB



ON THE BOOK SHELF

When you read any books suggested, by the Director or otherwise, please write a summary of the book, and send it by email to Brother Edmund so we can share it with readers of this newsletter.

The True Jesus by David Limbaugh.

Letter and Spirit and also the Lamb's supper by Scott Hahn.

Take - Home homilies (For personal prayer and communal refectio) by L. Patrick Carroll.

Book Recommendations by Oblate Leilani Roberts

The Apostles

By Pope Benedict XVI

In this book, Pope Benedict XVI draws from the scriptures and early church writings to help us better know the Apostles and their co-workers. He writes about the twelve Apostles, St. Paul, St. Stephen the martyr, and numerous other men and women written about in the New Testament. He tells about their various backgrounds, their encounters with Jesus, and the impact these had on the early Church.

Finding Frassati and Following His Path to Holiness

By Christine M. Wohar

Blessed Pier Giorgio Frassati was born into a wealthy family in Italy in 1901. He developed a deep spiritual life from a young age, which he lived out in his care and concern for the poor and marginalized, as well as in the deep love and devotion he showed for the Holy Eucharist and the Blessed Virgin Mary. He enjoyed music, art, and the outdoors engaging in such sports as cycling, skiing, swimming, and mountain climbing. He died at 24 from poliomyelitis which he likely contracted during his care of the sick. This book consists of reflections that will introduce you to the life and spirituality of Blessed Pier Giorgio with a prayer and suggested activity at the end of each chapter. His canonization will take place this summer. I highly recommend this book to everyone, but especially to youth and young adults looking for a model of holiness.

Our oblate library is full of wonderful books just waiting to be read by you! It is available to browse online at <https://www.librarycat.org/lib/OblateLibrary>. You can even put a hold on books to pick up at the next oblate meeting. You will need to email the librarian for initial access by clicking on the "Ask the Librarian" link at the bottom of the Oblate Library page or by emailing directly to OblateLibrary@gmail.com.

One of the many organizations we as oblates support.

alliance for International Monasticism
AIM USA 2025 Lenten Appeal

The Holy One Heard My Plea

For learning



The Benedictine and Cistercian Union of Mexico comprised of 13 communities will gather for a summer program.

For farm equipment



A monastery in Nigeria requested farm equipment to support themselves.

For bathroom facilities for children



Benedictine monks in Makkiyad, India minister in a Benedictine High school and English school. They request children's bathroom facilities at their Ben Garden school.

For studying Theology



A Camaldolese sister from Krakow, Poland will continue Theological studies at San Anselmo's in Rome.

And Answered My Prayer

Benedict saw the entire world
in a single ray of light. (Dialogues)

Sister Ann Hoffman, OSB
Executive Director, AIM USA
director@aina-usa.org

I Heard Their Cry by Oblate Kathleen Hystad

Several people in passing while I was walking or in the grocery store asked, “Where can you meet people?”

Many added, “I don’t want to go to a bar and people at my church or parish are not friendly.” When I suggested they join a small Christian group at their church or parish, a couple replied, “I tried. However, they were all full and not accepting any new member.”

I heard their cry. I pondered all this in my heart along with the US Surgeon General’s eighty-page document written in 2013 about loneliness and isolation in our society. It is an epidemic.

Praying, pondering, and reaching to St. Benedict’s Holy Rule for something I might do, even if only in a small way, to lessen this condition in our society. Echoing in my ears, St. Benedict says, “as far as we are able.”

It came to me. I would have a “Speed Friending.”

I wrote:

We must all do our part to activate the healing of this prevailing situation that has a dark cloud over all social and economic areas. Each of us must foster community connection and interaction as our stations in life allow. As we are able to create ways for people to come together to interact with each other and have an opportunity to build friendships and community together in a giving manner of generosity in giving the gift of time to others and fully listening with their hearts to another.

I had my goal and now I needed to execute my plan. I mentioned my plan to a dear friend and her response was, “No one will come. Nobody wants to get together.” I wondered if that were true. Maybe, but I went on with my planning.

Fast forward to the event.

The room was full. People engaging in conversation and by the look on their faces when it was their turn to listen, they listened with their hearts. The dear friend, said, “Wow, I didn’t think you could pull this one off. This is amazing. So many people actually talking and listening.”

Comments afterward were that this was wonderful. When can we do this again?

Many made connections and plans to get together, which they have done. Men were going to join other men in their volunteer work, men’s groups, and golfing club. Some others remarked that they needed this in their life at this time.

A ninety-year young lady said the questions provided were insightful and made her see others in a different way and herself too. She had a wonderful time and was glad she had attended. She added she became aware of things she was doing and planned to become more aware.

Much time has passed since this event. I am still being asked when we can do this again.

What if everyone hosted a “Speed Friending” event in their areas to share God’s love with one another? To shine His love into society sharing hope, connection and each bringing healing within this epidemic of isolation and loneliness? Let our light shine out into the world to glorify God.

Listen, do you hear their cry?

HOW BLESSED WE ARE BY OBLATE MARY RANDALL

During this past season of Lent, I participated in an online retreat facilitated by Fr. Boniface Hicks, OSB, from St. Vincent Arch Abbey in Pennsylvania.

The overarching theme was “Returning to the Heart of Christ”. At the end of his first session, he posed the question, “How do I want to look at my life once it ends?”

I was absolutely shocked by the number of responses that came pouring in, regretting their choice to waste life. A few had hoped that now they could turn their life around. Most of them had never heard of St. Benedict’s Rule and his insight of “Keeping death before one’s eyes.” (Chapter 4) Rule SB.

As Oblates, we must always keep this idea of “Keeping death before one’s eyes” as it helps structure each day and our life in general. How blessed we are to have a spiritual discipline that creates a life worth living.

As an Oblate of many years, I first felt the Benedictine way of life very narrowing. It felt like it was suffocating my senses, my intellect and my will, squeezing life right out of me. And, in truth, it was as if it was bridling my sensual appetites and my spiritual appetites. After many years of learning and practicing this discipline, it felt freeing. I had a spiritual road through Benedictine principles that produced within me more spiritual structure, understanding, stability, obedience, humility, and hope. My faith grew substantially, and my life had more meaning. Instead of doing my will, I learned God’s will for me. My “dying to self” grew from an ego-centered self to a Theo-drama self. Interior joy replaced surface feelings that often masked my authentic self.

Other questions that the retreat master posed were the following:

- How is God drawing close to your heart right now?
- Is there a part of you that doesn’t feel precious or honored?
- How can you give Jesus permission to enter there and announce His love?
- Is there a lie or shame that needs to be confronted with Christ?
- What is Our Lord inviting you to bring into the light?
- What is the great or beautiful thing you are asking God for?

As you ponder one or more of these questions within the light of Benedictine spirituality, may you discover a deeper sense of Theo-drama within you. Thank you, Holy Father Benedict, for your wisdom and grace in your Rule for Beginners 1500 years young.

In the Spirit of Learning,
Mary Randall, Oblate

Odds and Ends

Rosary workers: We would like to see more makers of rosaries. We normally meet the 1st and 2nd Saturday of the month from 1:30 to 3:30 in the Guest Dining Room across from the Abbey Dining Room. Supplies always provided, as well instructions when needed. It's best to call Br. Edmund in advance in case there is a cancellation of the activity. Sometimes there are other places that I am called to.

I hope you all are enjoying the articles that Professor Patrick Cooper is writing for the Monastic Institute.

Anyone wishing to contribute an article for the Oblate Newsletter please submit them to Oblate Patricia McClure at ravenwings@comcast.net . These articles may be a testimony of your Oblate Life.

You can help...

The Rummage Sale is set for early September: Please do a spring cleaning and bring your rummage items. You can contact Oblate Bede at bede.orthodox@gmail.com or Brother Edmund about when and where to drop off items. Our clientele will be primarily students as they arrive for school in the fall. Clothing, housewares, and the like are welcome donations.

Come and grow with us...

Please join us at the Zoom study of the Rule and at either mentoring meetings, they are open to all who want to grow richer in the Benedictine life. See calendar of events for times and dates. Links to Zoom meetings are sent in an email prior to each event.

The Presence By Br. Ramon Newell OSB

You are present, Lord.

You are present in the tabernacle,

In my confreres,
In the students,
In the teachers,
In the staff.

You speak to me through them.

You speak to me in my heart,

In my mind and thoughts,
In the actions of others,
In the arts,
In the light of the smile of an infant child.

You speak to me through nature.

You speak to me in the power of the mighty storm,

Though you are above the storm. You are present everywhere.

I do not always see or hear,

But I thank you for the times

That I do see and hear.

I thank you even more for when

it impacts me enough that I try

To put it into practice,

Even If imperfectly.

Thank you for your grace.

Oblation Renewals: Below is the renewal form. Please fill out and return the form to the Oblate Director with your sacrificial offering.

If a donation has not been made in the past year, one would be appreciated at this time.

Mail your form and offering to

Oblate Director Brother Edmund Ebbers, O.S.B.
St. Martin’s Abbey
5000 Abbey Way SE
Lacey, WA 98503

Renewal of Oblation 2024

I renew my oblation as an Oblate of St. Benedict of the community of St. Martin's Abbey. I promise again to serve God and all people according to the Rule of St. Benedict.

Let us Pray:

God, most compassionate and loving, strengthen me in my commitment to follow you in the way of St. Benedict. Through my daily prayer and work may I be inspired to live in Christ and to bring His love to the world and His peace to all hearts. I make this prayer through Christ our Lord. Amen.

Oblate Signature: _____

E-Mail: _____

Phone Number: _____

OBLATE COMMUNITY CALENDAR 2025

April

4th Oblate Council meeting 9:00am Zoom.
5th Rosary Making 1:30pm –3:30pm guest dining room.
6th Holy Rule Study 1:30pm - 2:30pm Zoom.
12th Rosary Making 1:30pm –3:30pm guest dining room.
26th Formation meeting at 3:30pm - 6:30pm guest dining room. Topic: Simplification of Life
28th Formation meeting at 10:30am - 1:30pm guest dining room.

May

2nd Oblate Council meeting 9:00am Zoom.
3rd Rosary Making 1:30pm –3:30pm guest dining room.
4th *Oblate Community Sunday 3:00pm Topic: St. Martin of Tours. Investing and Oblations with Evening Prayer with the Monks.*
10th Rosary Making 1:30pm –3:30pm guest dining room.
24th Formation meeting at 3:30pm - 6:30pm guest dining room. Topic: Liturgy, prayer and music.
26th Formation meeting at 10:30am - 1:30pm guest dining room.

June

6th Oblate Council meeting 9:00am Zoom.
7th Rosary Making 1:30pm –3:30pm guest dining room.
8th Holy Rule Study 1:30pm - 2:30pm Zoom.
14th Rosary Making 1:30pm –3:30pm guest dining room.
28th Formation meeting at 3:30pm - 6:30pm guest dining room Topic: St. Benedict and Holy Rule introduction.
30th Formation meeting at 10:30am - 1:30pm guest dining room.

July

5th Rosary Making 1:30pm –3:30pm guest dining room.
12th Rosary Making 1:30pm –3:30pm guest dining room.
11th Oblate Council meeting 9:00am Zoom.
13th *Oblate Community Sunday 1:30 pm - 4:00pm Annual Potluck Picnic. Topic: Humility and intimacy with God.*
26th Formation meeting at 3:30pm - 6:30pm guest dining room. Topic: Monastic & Secular Communities.
28th Formation meeting at 10:30am - 1:30pm guest dining

August

1st Oblate Council meeting 9:00am Zoom.
2nd Rosary Making 1:30pm –3:30pm guest dining room.
3rd Holy Rule Study 1:30pm - 2:30pm. Zoom.

9th Silent Retreat 8:00am - 5:00pm on Humility.
25th Formation meeting at 10:30am - 1:30pm guest dining room. Topic: Introduction to Lectio Divina
30th Formation meeting at 3:30pm - 6:30pm guest dining room.

September

6th Annual Rummage Sale
5th Oblate Council meeting 9:00 am Zoom.
13th Rosary Making 1:30pm –3:30pm guest dining room.
14th *Oblate Community Sunday 3:00pm -6:30pm with Investing and Oblations, Evening Prayer with the monks. Topic: Rule of Benedict and Innovation in Religious Life.*
27th Formation meeting at 3:30pm - 6:30pm guest dining room. Topic: Oblation Promises
29th Formation meeting at 10:30am - 1:30pm guest dining room.

October

3rd Oblate Council meeting 9:00am Zoom.
4th Rosary Making 1:30pm –3:30pm guest dining room.
5th Holy Rule Study 1:30pm - 2:30pm Zoom.
11th Rosary Making 1:30pm –3:30pm guest dining room.
25th Formation meeting at 3:30 pm - 6:30 pm guest dining room. Topic: Prayer and Spirituality.
27th Formation meeting at 10:30am - 1:30pm guest dining room.

November

1st Rosary Making 1:30pm –3:30pm guest dining room.
2nd Holy Rule Study 1:30 pm - 2:30 pm Zoom.
7th Oblate Council meeting 9:00 am Zoom.
8th Rosary Making 1:30pm –3:30pm guest dining room.
20th Bazaar set up
21st-22nd Bazaar.
24th Formation meeting at 10:30am - 1:30pm guest dining room. Topic: Hospitality, Humility, Charity, and Service.
29th Formation meeting at 3:30pm - 6:30pm guest dining room.

December

6th Rosary Making 1:30pm –3:30pm guest dining room.
13th Rosary Making 1:30pm –3:30pm guest dining room.
5th Oblate Council meeting 9:00am Zoom.
14th *Oblate Community Sunday 1:30pm - 3:30pm Abbey Church. Conference by Fr. Peter Tynan on Inner nature of anger according to Monastic Traditions.*
TBA Formation meeting at 3:30pm- 6:30pm guest dining room. Topic: Spiritual Friendships.
TBA Formation meeting at 10:30am - 1:30pm in the

*Saint Martin's Abbey
5000 Abbey Way S.E.
Lacey, WA 98503*

Return Service Requested

St. Martin's Abbey Oblates are people who earnestly seek a more deeply spiritual life rooted in God according to the Holy Rule of St. Benedict. The Oblate lives and works in the secular world guided by the wisdom of Benedictine life.

We can be found on the web at <https://stmartinsabbey.org/news-and-events/oblate-newsletter/>